

PROFESSIONAL INFORMATION

SCHEDULING STATUS

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1 NAME OF THE MEDICINE

ZINIUM CAPSULES

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Ingredients	Per capsule
Zinc oxide 15 mg providing zinc elemental	12 mg
Ascorbic acid 101 mg providing vitamin C	100 mg
Vitamin D3 (as cholecalciferol)	500 IU

For full list of excipients, see section 6.1

3 PHARMACEUTICAL FORM

White capsules marked "Zinium" in blue.

4 CLINICAL PARTICULARS

4.1 Therapeutic indication

ZINIUM CAPSULES provides immune support, supports brain health and helps maintain healthy skin.

4.2 Posology and method of administration

Children 4 – 13 years: Take 1 capsule daily.

Adults and children 14 years and older: Take 2 capsules daily.

4.3 Contraindications

Hypersensitivity to any of the active or inactive ingredients.

Children under 4 years of age.

4.4 Special warnings and precautions for use

None

4.5 Interaction with other medicines and other forms of interaction

No interaction studies were performed on ZINIUM CAPSULES.

4.6 Fertility, pregnancy and lactation

Safety in pregnancy or lactation has not been established.

4.7 Effects on ability to drive and use machines

The effects on ability to drive and use machines has not been studied.

4.8 Undesirable effects

Possible side effects include:

- nausea,
- vomiting,
- metallic taste in the mouth,
- stomach cramps,
- heartburn, and
- indigestion.

4.9 Overdose

Treatment is symptomatic and supportive.

5 PHARMACOLOGICAL PROPERTIES

5.1 PHARMACOLOGICAL CLASSIFICATION

Complementary Medicines: Health Supplement

D34.12 Multiple substance formulation

5.2 PHARMACOLOGICAL ACTION

Zinc:

- Contributes to the maintenance of immune function.
- Contributes to the maintenance of normal skin, nails and hair.
- Contributes to normal acid-base metabolism.
- Contributes to normal cognitive function.
- Contributes to normal DNA synthesis.
- Contributes to normal macronutrient metabolism.
- Contributes to normal metabolism of Vitamin A.
- Contributes to the maintenance of normal bones.
- Contributes to the maintenance of normal vision.

- Contributes to the maintenance of normal testosterone levels in the blood.
- Contributes to cell protection from free radical damage and oxidative stress.
- Has a role in the process of cell division
- Contributes to connective tissue formation
- Helps the body to metabolise carbohydrates, fats and proteins
- A factor in the maintenance of good health.

Vitamin C:

- Contributes to iron absorption from food.
- Helps to metabolise fats and proteins.
- Contributes to cell protection from free radical damage and oxidative stress.
- Contributes to normal collagen formation for the normal function of blood vessels, bones, cartilage, gums, skin and teeth.
- Contributes to normal energy-yielding metabolism.
- Contributes to normal functioning of the nervous system.
- Contributes to normal psychological function.
- Contributes to the normal functioning of the immune system.
- Contributes to the reduction of tiredness and fatigue.
- Helps in connective tissue formation.
- Contributes to wound healing.
- An antioxidant for the maintenance of good health.

Vitamin D:

- Helps in the absorption and use of calcium and phosphorus.
- Contributes to normal cell division.
- Contributes to normal blood calcium levels.
- Contributes to the maintenance and development of strong bones and teeth.
- Contributes to the maintenance of normal muscle function.
- Contributes to the normal functioning of the immune system.
- Has a role in the process of cell division.
- A factor in the maintenance of good health.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Magnesium stearate, maize starch, microcrystalline cellulose and silicon dioxide. Sugar free.

6.2 Incompatibilities

Unknown

6.3 Shelf life

2 years

6.4 Special precautions for storage

Store at or below 25 °C.

Protect from sunlight and moisture.

KEEP OUT OF THE REACH OF CHILDREN.

6.5 Nature and contents of container

Blister packs of 10 capsules with 30 or 60 capsules in a carton.

White plastic containers with 120 capsules.

6.6 Special precautions for disposal and other handling

No special requirements

7 HOLDER OF CERTIFICATE OF REGISTRATION

iNova Pharmaceuticals (Pty) Ltd,

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Tel: (011) 087 0000 www.inovapharma.co.za

8 REGISTRATION NUMBER

To be allocated

This unregistered medicine has not been evaluated by the South African Health Products Regulatory Authority for its quality, safety or intended use.

9 DATE OF PUBLICATION OF PROFESSIONAL INFORMATION

August 2021