


# BRONCHO STOP® COUGH SYRUP

PROFESSIONAL INFORMATION  
SCHEDULING STATUS  
  
PROPRIETARY NAME AND DOSAGE FORM  
**BRONCHOSTOP Cough syrup**  
COMPOSITION

Each 5 ml syrup contains: 39 mg Thyme herb extract (*Thymus vulgaris L. and Thymus zygis L., herb*) (DER 7-13:1) and 277 mg Marshmallow root dry extract (*Althaea officinalis L.*) (DER 1:12-14)

**Preservatives:** Methyl para hydroxybenzoate 0,075 %  
Propyl para hydroxybenzoate 0,040 %

**Contains sugar:** Fructose 22 mg, Glucose 19 mg, Sucrose 2 mg, Xylitol 200 mg, Glycerol 130 mg.

Contains sweetener: Sodium saccharin 2,65 mg.

Other ingredients include acacia, citric acid monohydrate, maltodextrin, purified water, raspberry juice concentrate, raspberry flavour (containing propylene glycol), xanthan gum, neohesperidin-dihydrochalcone, and purified water.

Alcohol free, gluten free, lactose free, GMO (genetically modified organism) free.

## PHARMACOLOGICAL CLASSIFICATION

Complementary Medicine: Discipline Specific Traditional Claims  
D33.6 Western Herbal Medicine.

## INDICATIONS

Traditional herbal medicinal product used for the relief of cough, such as a wet and chesty or dry and tickly cough, based on traditional use only.

It relieves cough irritation, thins mucus and helps with the expectoration of mucus.

## CONTRAINDICATIONS

Hypersensitivity to the active substances, to other members of the *Lamiaceae* family (e.g. Basil, Rosemary, Sage) or to any of the excipients.

## WARNINGS AND SPECIAL PRECAUTIONS

Consult a doctor or qualified healthcare practitioner if dyspnoea, fever or purulent sputum occurs.

The medicine contains the preservatives methyl para hydroxybenzoate (E218) and propyl para hydroxybenzoate (E216). These may cause allergic reactions (possibly delayed).

The medicine contains glucose, fructose, sucrose, xylitol and glycerol. Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrose-isomaltase insufficiency should not take this medicine. The additive effect of concomitantly administered products containing fructose (or sorbitol) and dietary intake of fructose (or sorbitol) should be taken into account. Glucose, fructose, sucrose, glycerol and xylitol may have an effect on the glycaemic control of patients with *diabetes mellitus*. This medicine contains less than 1 mmol sodium (23 mg) per 15 ml dose, that is to say essentially 'sodium-free'.

If symptoms worsen, or persist after 5 days, a doctor or qualified healthcare practitioner should be consulted.

Do not exceed the recommended daily dosage.

## Paediatric population

The use in children under 4 years of age is not recommended as no data are available. Absorption of concomitantly administered medicines may be delayed. As a precautionary measure, the product should not be taken ½ to 1 hour before or after intake of other medicinal products.

Patients with a history of asthma or allergic reactions may have an increased risk of hypersensitivity reactions that may also be severe (see also section SIDE EFFECTS). These patients should consult with a doctor before using this product.

## INTERACTIONS

There are no known interactions with other medicinal products.

## HUMAN REPRODUCTION

The safety in pregnancy and lactation has not been established. In the absence of sufficient data, the use during pregnancy and lactation is not recommended. No fertility data available.

## Effects on ability to drive and use machines

No studies on the effects on the ability to drive and to use machines have been performed.

## DOSAGE AND DIRECTIONS FOR USE

**For oral use only. Shake well before use. Use the dosage cap provided.**

**Children 4 -11 years:** 7,5 ml every 3 to 4 hours as needed.

If required, a maximum of 6 doses (45 ml) can be taken per day.

**Adults and children above 12 years:** 15 ml every 3 to 4 hours as needed.

If required, a maximum of 6 doses (90 ml) can be taken per day.

Consult your healthcare provider if symptoms worsen or persist after 5 days.

**Not for use in children under the age of 4 years.**

## SIDE EFFECTS

Tabulated list of adverse reactions

The following list of adverse reactions is based on experience from post-marketing experience.

Within the system organ classes, adverse reactions are listed under headings of frequency (number of patients expected to experience the reaction), using the following categories: very common (>1/10); common (>1/100 to <1/10); uncommon (>1/1,000 to <1/100); rare (>1/10,000 to <1/1,000); very rare (<1/10,000); not known (cannot be estimated from the available data)

MedDRA System Organ Class	Undesirable Effects	Frequency
Skin and subcutaneous tissue disorders	Rash, urticaria, pruritus	Not known
Immune system disorders	Hypersensitivity, anaphylactic reaction	Not known
Gastrointestinal disorders	Nausea, vomiting, diarrhoea, abdominal pain/discomfort	Not known

If other adverse reactions not mentioned above occur, consult your healthcare provider.

## KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

## IDENTIFICATION

A brown-red viscous solution with the taste of thyme and raspberries.

## PRESENTATION

Bottles containing 120 ml and 200 ml

## STORAGE INSTRUCTIONS

Store in a cool dry place at or below 25 °C. Close bottle tightly after use and keep in carton to protect from sunlight and moisture. After opening, use within 4 weeks.

KEEP OUT OF THE REACH OF CHILDREN.

## REGISTRATION NUMBER

Complementary Medicine: Discipline Specific Traditional Claims

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

## NAME AND BUSINESS ADDRESS

**Manufactured by:** Kwizda Pharma GmbH, Effingergasse 21, A-1160 Vienna, Austria

**Marketed by:** iNova Pharmaceuticals (Pty) Ltd, 15E Riley Road, Bedfordview, 2007  
Tel: +2711 0870000 www.inovapharma.co.za

## DATE OF PUBLICATION OF PACKAGE INSERT

October 2022


# BRONCHO STOP® COUGH SYRUP

## PATIENT INFORMATION LEAFLET

Complementary Medicine: Discipline Specific  
Traditional Claims

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

## SCHEDULING STATUS:

  
PROPRIETARY NAME AND DOSAGE FORM:

## BRONCHOSTOP COUGH SYRUP

**Read all of this leaflet carefully because it contains important information for you.**  
**BRONCHOSTOP COUGH SYRUP**

is available without a doctor's prescription.

Nevertheless, you still need to use **BRONCHOSTOP COUGH SYRUP** carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share **BRONCHOSTOP COUGH SYRUP** with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve in 5 days.

## What BRONCHOSTOP COUGH SYRUP contains

Each 5ml syrup contains active ingredients Thyme herb extract 39 mg (*Thymus vulgaris L. and Thymus zygis L., herb*) (DER 7-13:1) and Marshmallow root extract 277 mg (*Althaea officinalis L.*) (DER 1:12-14). The product contains sugar: fructose 22 mg, glucose 19 mg, sucrose 2 mg and Xylitol 200 mg, glycerol 130 mg and sweetener sodium saccharin 2,65 mg. Contains preservatives: Methyl para hydroxybenzoate 0,075 % and Propyl para hydroxybenzoate 0,040 % w/w. Other ingredients include acacia, citric acid monohydrate, maltodextrin, purified water, raspberry juice concentrate, raspberry flavour (containing propylene glycol), xanthan gum, neohesperidin-dihydrochalcone, purified water.

**BRONCHOSTOP COUGH SYRUP** is alcohol free, gluten free, lactose free, GMO (genetically modified organism) free.

## What BRONCHOSTOP COUGH SYRUP is used for

**BRONCHOSTOP COUGH SYRUP** is a traditional herbal medicine used to relieve a wet and chesty or dry and tickly cough. It relieves cough irritation and thins mucus

## BEFORE YOU USE BRONCHOSTOP COUGH SYRUP:

**Do not take BRONCHOSTOP COUGH SYRUP:**

- if you are hypersensitive (allergic) to the active ingredients, other members of the Lamiaceae family (e.g. Basil, Rosemary, Sage), or any of the other ingredients of **BRONCHOSTOP COUGH SYRUP**.
- **BRONCHOSTOP COUGH SYRUP** contains fructose, glucose and xylitol which may have an effect on the control of your blood sugar if you have *diabetes mellitus*.

## Special care should be taken with BRONCHOSTOP COUGH SYRUP:

Consult your doctor before taking **BRONCHOSTOP COUGH SYRUP** if you have asthma or are prone to develop allergic reactions, as **BRONCHOSTOP COUGH SYRUP** may make asthma symptoms worse. There is a possible risk that this medicine may trigger allergic reactions, in very rare cases anaphylaxis including anaphylactic shock, in patients who have a tendency to develop allergic reactions.

## Children

Children under 4 years

The use in children under 4 years of age is not recommended due to lack of sufficient data and/or because medical advice should be sought.

## Pregnancy and Breastfeeding:

There are no data on the effects of this medicine on fertility, during pregnancy and lactation. In the absence of adequate data, use of this medicine during pregnancy and breastfeeding is not recommended.

If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking this medicine.

## Driving and using machines

No studies on the effects on the ability to drive and to use machines have been performed.

**Important information about some of the ingredients of BRONCHOSTOP COUGH SYRUP:**

**BRONCHOSTOP COUGH SYRUP** contains the preservatives: methyl parahydroxybenzoate and propyl parahydroxybenzoate.

These may cause allergic reactions which may also appear as a delayed reaction (see "Do not take **BRONCHOSTOP COUGH SYRUP**").

**BRONCHOSTOP COUGH SYRUP** contains raspberry juice concentrate which contains sucrose, glucose and fructose.

This medicine contains 66 mg fructose in each 15 ml. This medicine contains xylitol and glycerol.

If your doctor has told you that you (or your child) have an intolerance to some sugars or if you have been diagnosed with hereditary fructose intolerance (HFI), a rare genetic disorder in which a person cannot break down fructose, talk to your doctor before you (or your child) take or receive this medicine.

This medicine contains less than 1 mmol sodium (23 mg) per 15 ml dose, that is to say essentially 'sodium-free'.

**BRONCHOSTOP COUGH SYRUP** contains propylene glycol.

This medicine contains 33,3 mg of propylene glycol in each 15 ml.

**Taking other medicines with BRONCHOSTOP COUGH SYRUP**

Absorption of concomitantly administered medicines may be delayed. As a precautionary measure, the product should not be taken ½ to 1 hour before or after intake of other medicinal products.

If you are taking medicines on a regular basis, including medicines bought over the counter, complementary or traditional medicines, the use of **BRONCHOSTOP COUGH SYRUP** with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist, or other healthcare professional for advice.

## HOW TO TAKE BRONCHOSTOP COUGH SYRUP:

Do not share medicines prescribed for you with any other person.

Always take **BRONCHOSTOP COUGH SYRUP** exactly as your doctor has instructed. You should check with your doctor or pharmacist if you are unsure.

Shake the bottle well before use and use the dosage cap provided.

**Children 4 -11 years:** 7,5 ml every 3 to 4 hours as needed.

If required, a maximum of 6 doses (45 ml) can be taken per day.

**Adults and children above 12 years:** 15 ml every 3 to 4 hours as needed.

If required, a maximum of 6 doses (90 ml) can be taken per day.

**BRONCHOSTOP COUGH SYRUP** can be taken by people with gluten intolerance or sensitivity. **BRONCHOSTOP COUGH SYRUP** is not recommended for use in children under 4 years.

If you are short of breath, have a high temperature (fever), your phlegm is yellow-green or brown in colour (purulent sputum), you must consult your doctor or qualified healthcare practitioner. You must consult your doctor if you do not feel better or if you feel worse after 5 days.

**If you use more BRONCHOSTOP COUGH SYRUP than you should**

In the event of an overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

**If you forget to take a dose of BRONCHOSTOP COUGH SYRUP**

Do not take a double dose to make up for forgotten individual doses.

## POSSIBLE SIDE EFFECTS

**BRONCHOSTOP COUGH SYRUP** can have side effects.

Not all side effects have been included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist, or other healthcare professional for advice.

The frequency of the following side effects occurring is not known.

This medicine may cause the following serious allergic reactions. If you experience any of the following effects, stop taking the medicine and seek urgent medical advice:

- symptoms that may include feeling lightheaded or faint, breathing difficulties or wheezing, a fast heartbeat, skin rash, confusion and anxiety, or loss of consciousness (anaphylactic reaction)
- swelling of the face, lips, tongue, mouth or throat (angioedema),
- blistering of the mouth and throat
- worsening of asthma symptoms
- difficulty breathing (including shortness of breath)

## Other possible side effects

If any of the following side effects get serious or concern you, or you notice any other side effect, stop taking the medicine and seek medical advice as soon as possible: Allergic skin reactions including urticaria (red bumps on the skin), and itching. Gastrointestinal disorders such as pain or discomfort in the abdomen, diarrhoea, vomiting, and nausea.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

## STORING AND DISPOSING OF BRONCHOSTOP COUGH SYRUP

Store all medicines out of reach of children. Store in a cool, dry place at or below 25 °C. Close the bottle tightly after use. Protect from sunlight and moisture. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

## PRESENTATION OF BRONCHOSTOP COUGH SYRUP:

Bottles containing 120 ml and 200 ml.

## IDENTIFICATION OF BRONCHOSTOP COUGH SYRUP

A brown-red viscous solution with the taste of thyme and raspberries.

## REGISTRATION NUMBER

Complementary Medicine: Discipline Specific Traditional Claims

D33.6 Western Herbal Medicine.

## NAME AND BUSINESS ADDRESS

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Tel: +27 11 087 0000 www.inovapharma.co.za

## DATE OF PUBLICATION

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# BRONCHO STOP®

## COUGH SYRUP

**ISIZULU**  
**IPHESHANA ELIFAKWA EPHAKETHENI LOMUTHI- ISIMO SOKUHELELA**  
**IGAMA LOMKHIZIQO NEFOMU LOKUUSEBENZISA I-BRONCHOSTOP COUGH SYRUP**  
**INDLELA EXUTSHWE NGAYO**

U 5 ml ngamunye wale syrup uqukethe:  
39 mg Thyme herb extract (*Thymus vulgaris L.* and *Thymus zygis L.*, herb) (DER 7-13:1), 277 mg Marshmallow root extract (*Althaea officinalis L.*) (DER 1:12-14),

**Amagcina:** Methyl para hydroxybenzoate 0,075 % w/w  
Propyl para hydroxybenzoate 0,040 % w/w  
**Inoshukela:** we-Fructose 22 mg, we- Glucose 19 mg, we-Sucrose 2 mg, we-Xylitol 200 mg, we-glycerol 130 mg,  
Iqukethe i-sweetener: isodium saccharin 2,65 mg.

Ezinye izithako ezifakwe yi-acacia, citric acid, monohydrate, maltodextrin, methyl hydroxybenzoate, propyl hydroxybenzoate, amanzi ahlanzisiswe, ujisi we-raspberry juice enganglanjuliwe, isinandisi se-raspberry (iqukethe i-propylene glycol), xanthan gum, neohesperidin-hydrochalcone, ne-amanzi ahlanzekile.  
Ayaninako lokhu: Utshwala, i-gluten, lactose, ne-GMO (genetically modified organism)

### ISIVIVINO ESENZUWE NGOSOMAKHEMISI

Okuphelele Kulomuthi: Yenziwe Ngokukhethekile ngendlela yesintu  
D33.6 Amakhambi Omuthi aseNtshonalanga

### IZINKOMBA

Umkhiziqo wemithi yamakhambi wendabuko osetshenziselwa ukusiza ukukhwehlela, isifuba esimanzi, esibuhlungu nesomile futhi esihwayayo esihambisana nokubanda, ngendlela yamakhambi esintu kuphela.  
Yelapha ukukhwehlela okuyisicefe, inciphise amafinyila futhi isiza nokuvula amakhala acinene.

### IZINKINGA ONGABA NAZO

Kungenzeka uhlangabezane nomuzwa ongajwayelekile ngenxa yezinye zezithako ezikulomuthi zikulomuthi, okungenzeka kube izithako ezihambelanayo njengezakwa-Lamiaceae (isbonelo. I-Basil, Rosemary, Sage) noma eminye engaba khona.

### IZEKWAYISO NEZULEKO EZIBALULEKILE

Bonana nodokotela noma usompilo oqeqeshiwe uma uzithola uphefumula kanzima, umkhuhlane noma uzithola usunezikhwehlela ezingaqondakali.  
Lomuthi uqukethe izithako ezivimbela ukuthi ungasheshi wonakele-njenge-methyl parahydroxybenzoate (E218) ne-propyl parahydroxybenzoate (E216).  
Lokhu kungakubangela i-allergy (engavale noma ngabe sekwedlule isikhathi esidanyana uweusebenzisele).  
Lomuthi uqukethe i-glucose, i-fructose ne-xylitol, ne-glycerol. Uziguli ezinesifiso esingajwayelekile esiwufuzo emndenini kodwa esingakwazi ukubekwezelela i-fructose, glucose-galactose malabsorption noma onenkinga yamathumbu angasebenzi kahle, akufanele baphuze lomuthi. Umthelela owengezokayo wemkhiziqo enikezwa kanyekanye ekuqethe i-fructose (noma i-sorbitol) kanye nokuthatha i-fructose (noma i-sorbitol) kudleni kufanele kunakwe.  
I-Xylitol ne-glucose ingaba nomthelela ekuhlweleni kwe-glycemic kubantu abanesifo sikashukela. Lo muthi uqukethe ngaphansi kwe-1 mmol ye-sodium (23 mg) kumthamo we-15 ml, okusho ukuthi empeleni 'i-sodium-free'.  
Uma uyisebenzise ngokweqile imikhiziqo ekuqethe i-xylitol, ingenza isisu sakho sikhambuluke. Uma izimpawu ziqhubeka noma ungabi ngcono ngemva kwezinsuku eziyisihlanu (5) kufanele ubonane nodokotela noma usompilo oqeqeshiwe.  
Ungaseqisi isilinganiso sokuyiphuza osinikeziwe.

### ABANTWANA

Akuncinywa ukuthi isetshenziswe ebantwaneni abangaphansi kweminyaka emi-4 yobudala njengoba ingekho iminingwane ekhona.  
Kungenzeka ukumunceka kwemithi ethathwa kanyekanye kulibaziseke. Njengesinyathelo sokwekwayisa, umkhiziqo akufanele uthathwe esigamani sehora kuya ehoreni elilodwa ngaphambi noma ngemva kokuthatha eminye imikhiziqo yokwelapha.  
Iziguli ezinomlando wesifuba somoya noma wokuzwela kabi imithi kungenzeka zibe sezogini eyandile yokuzwela kabi ngokweqile okungenzeka futhi kube kubi kakhulu (ibheka nengxenywe ethi IMITHELELA ENGADINGEKI). Lezi ziguli kufanele zithintane nodokotela ngaphambi kokuba zisebenzise lo mkhiziqo.

### UKUSEBENZISANA

Abukho ubufakazi bokuthi uma uyisebenzisa iyaxabana neminye imithi.  
**KWABANCELISAYO NABAKHULELWE**  
Akuphehle ukuyisebenzisa uma ukhulelwe noma uncelisa.  
Uma ingekho iminingwane eyanele, akuncinywa ukuthi usetshenziswe ngesikhathi sokukhulelwa kanye nesokuncelisa.  
Ayikho iminingwane ekhona ethinta izaloz.

### Umthelela ekhoneneni lokushayela nokusebenzisa imishini

Akukho ukucwaninga osekuke kwenziwa emitheleleni ekhona ekhoneneni lokushayela kanye nokusebenzisa imishini.

### IMIYALELO YOKUYIPHUZA

Ingumuthi ophuzwayo kuphela. Ixukuze kahle ngaphambi kokuyiphuza. Sebenzisa ukhezo lokuphuza olunikeziwe.  
Izingane ezineminyaka engu-4 kuye kwengu-11: 7,5 ml njalo emahoreni amathathu kuya kwamane-4 uma kunesidingo.  
Uma kunesidingo, isilinganiso sokuyiphuza ngosuku singacina ku-6 noma sibengu 45 ml.  
Abadala nezingane ezineminyaka angaphezulu kwengu-12: 15ml njalo emahoreni amathathu kuya kwamane njalo uma kunesidingo.  
Uma kunesidingo, isilinganiso sokuyiphuza ngosuku singacina ku-6 noma sibengu 90 ml.  
Thintana nosompilo uma izimpawu zibhebheka noma ziphikelela ngemva kwezinsuku eziyihlanu-5.  
Ayiphuzwa izingane ezingaphansi kweminyaka emine-4.

### IZINKINGA ONGABA NAZO

Izinhlalozokuzwela kabi  
Lolu luhla lokuzwela kabi lunikeke kokuthalakele ngokwenzeka ngemva kokukhangisa. Ngaphakathi kwamagqoko ezinhlalozokuzwela, ukuzwela kabi kubalwe ngaphansi kwehloko zokuvama (isibalo seziguli okulindeleke ukuthi zibe nokuzwela), kusetshenziswa izigaba ezilandelayo: okuvame kakhulu (>1/10); okuvamile (>1/100 kuya <1/10); okungavamile (>1/1.000 kuya <1/100); okuthukelayo (>1/10.000 kuya <1/1.000); okuthukela kakhulu (<1/10.000); okungaziwa (ngeke kulinganiseke ngokweminingwane ekhona)

Iqoqo Lezinhlalozokuzwela le-MedDRA	Imithelela Engadingeki	Ukuvama
<b>Izingkinga esikhunjeni kanye nasezicutshini ezingaphansi kwesikhumba</b>	Ukuqubuka, i-urticaria, i-pruritus	Akwaziwa
<b>Izingkinga ezithinta amasosha omzimba</b>	Ukuzwela ngokweqile, ukuzwela kabi okubeka impilo engcupheni	Akwaziwa
<b>Izingkinga ezithinta umgudu wokugaya ukudla</b>	Isicancucanu, ukuphalaza, uhudo, ubuhlungu/ukungaphatheki kahle esiswini	Akwaziwa

### IZIMPAWU EZAZIWAYO ZOKUYIPHUZA NGOKWEQILE KANYE NENDELELA YOKUZIGWEMA

Uma ngabe uyiphuze ngokweqile, bonana nodokotela noma nosokhemisi wakho. Uma bengathalaki, iya esibhedlele esiseduze noma isikhungo sokulawula ubuthi.

### UNJANI LOMUTHI

Umuthi onsundu ngokubomvu onambitheka njenge-thyme kanye nama-raspberri.

### ITHOLAKALA NGALEZIZINDELELA

Amabhodlela aqukethe i-120ml no-200ml

### IMIYALELO YOKUYIGCINA

Igcine endaweni epholile eyomile noma engaphansi kuka-25°C. Livale uliqinise ibhodlela ngemva kokusebenzisa bese uwufaka ebhokisini lawo, ukuze uvikeleleke elangeni nasemvakameni. Ngemva kokuwulula, usebenzisa engakapheli amaviki amane-4. UBEKE KUDE NEZINGANE

### INOMBOLO EMBHALISWE NGAYO

Okuphelele Kulomuthi: Yenziwe Ngokukhethekile ngendlela yesintu  
Lomuthi ongabhaliwe avukakahlolwa yi-SAHPPRA ngekhwalithi yawo, ukuphepha noma ukusetshenziswa okuhlosiwe.

### IGAMA NEKHELI LEBHIZINISI

Ikhiziqwe abakwa: Kwizda Pharma GmbH, Effingergasse 21, A-1160 Vienna, Austria  
Ithengiswe abakwa: iNova Pharmaceuticals (Pty) Ltd, 15E Riley Road, Bedfordview, 2007 Ucingo: +27110870000 www.inovapharma.co.za

**USUKU LOKUSHICILELWA NOKUFAKWA KWALELIPHEPHA LEMIYALELO**  
October 2022

# BRONCHO STOP®

## COUGH SYRUP

### IPHESHANA LEMININGWANE YESIGULU

Okuphelele Kulomuthi: Yenziwe Ngokukhethekile ngendlela yesintu  
Lomuthi ongabhaliwe avukakahlolwa yi-SAHPPRA ngekhwalithi yawo, ukuphepha noma ukusetshenziswa okuhlosiwe.)  
**INDLELA YOKUHELELA:**  
**[S0]**

### IGAMA LOKUZIPHATHA NEFOMU LOKUUSEBENZISA:

### BRONCHOSTOP COUGH SYRUP

Kufunde ngokucophelela konke okukuleli pleshana ngoba liqukethe iminingwane ebalulekile kuwe.)

### BRONCHOSTOP COUGH SYRUP

itholakala ngaphandle kwencwadi kadokotela.  
Noma kunjalo, usadinga ukusebenzisa i-BRONCHOSTOP ngokucophelela ukuze uthole imiphumela emihle kuyo.

- Ligcine leipheshana ngoba kungenzeka uidinge futhi.
- Ungaphuzisani nge-BRONCHOSTOP nomunye umuntu.
- Buza usokhemisi wakho uma udinga iminingwane ethi xaxa noma izeluleko.
- Kufanele ubone udokotela uma ubona ukuthi awubi ngcono.

### (YINI EQUKETHWE YI-BRONCHOSTOP)

Lowo nalowo 5 ml uqukethe izithako ezisebenzayo ezinjenge-Thyme herb ekhipha u-39 mg kanye ne-Marshmallow izimpande ezikhapha 277 mg. Umkhiziqo unoshukela: i-fructose 22 mg, ushukela 19 mg, sucrose 2 mg kanye ne-xylitol 200 mg, ne-glycerol 130 mg. Iqukethe i-sweetener: i-sodium saccharin 2,65 mg.

Ezinye izithako yi-acacia, i-citric acid monohydrate, i-maltodextrin, i-methyl hydroxybenzoate, i-propyl hydroxybenzoate, amanzi ahlanzisiswe, i-raspberry juice enganglanjuliwe, isinandisi se raspberry (equkethe i-propylene glycol), xanthan gum, neohesperidin-hydrochalcone, ne-amanziahlanzekile.

I-BRONCHOSTOP ayinabo utshwala, ayinayo iglutten, i-lactose ayinayo, i-GMO (isakhi sofuzo esilungiswe ayinayo.)

### I-BRONCHOSTOP ISETSHENZISELWA INI

Umkhiziqo wemithi yamakhambi endabuko osetshenziselwa ukusiza ukukhwehlela, njengesifuba esimanzi, nesibuhlungu, nesomile futhi esihwayayo esihambisana nokubanda, ngendlela yamakhambi esintu kuphela.  
Yelapha ukukhwehlela okuyisicefe, inciphise namafinyila.

### NGAPHAMBI KOKUBA USEBENZISE I-BRONCHOSTOP: UNGAYIPHUZI I-BRONCHOSTOP UMA:

- Uma une-allergy kwizithako ezisebenzayo noma kwezinye izithako ze **I-BRONCHOSTOP**.
- **I-BRONCHOSTOP** iqukethe i-fructose, ushukela kanye ne-xylitol engaba nomthelela kulabo abanesifo sikashukela.

### I-BRONCHOSTOP KUFANELE ISETJENZISWE NGOKUCOPELELA:

Thintana nodokotela wakho ngaphambi kokuba uthathe **I-BRONCHOSTOP COUGH SYRUP** uma

- unesifuba somoya, noma uvame ukuba nokuzwela imithi kabi, njengoba **I-BRONCHOSTOP COUGH SYRUP** ingabhehetheka izimpawu zesifuba somoya. Kungenzeka kube nenangozi yokuthi lo muthi ususe ukuzwela kabi, ezimeni ezithukela kakhulu ukuzwela kabi okufaka ukuzwela okubeka impilo engcupheni, ezigulinu ezivame ukuzwela imithi kabi.

### Abantwana

Abantwana abaneminyaka engaphansi kwemi-4  
Akuncinywa ukuthi isetshenziswe ebantwaneni abangaphansi kweminyaka emi-4 yobudala ngenxa yokuthi iyashoda iminingwane futhi/noma ngoba kudingeka ukuthi kutholakele iseluleko sokwelapha.

### ABAKHULELWE NABANCELISAYO

Ayikho iminingwane ekhona mayelana nemithelela yalo muthi enzalweni, ngesikhathi ukhulelwe kanye nasekunceliseni. Uma ingekho iminingwane eyanele, akuncinywa ukuthi usetshenziswe ngesikhathi sokukhulelwa kanye nesokuncelisa.

Uma ukhulelwe noma uncelisa thintana nodokotela wakho, usokhemisi noma omunye wabazempilo ngaphambi kokuthi uyisebenzise.

### Ukushayela nokusebenzisa imishini

**I-BRONCHOSTOP COUGH SYRUP** iqukethe izivimbelukubola: i-methyl parahydroxybenzoate ne-propyl parahydroxybenzoate.

### IMININGWANE EBALULEKILE MAYELANA NEZINYE IZITHAKO ZE-BRONCHOSTOP:

**I-BRONCHOSTOP COUGH SYRUP** iqukethe izivimbelukubola: i-methyl parahydroxybenzoate ne-propyl parahydroxybenzoate.

Kungenzeka zidale ukuzwela umuthi kabi okungenzeka futhi kuvele njengokuzwela okubilizisekile (ibheka ingxenywe ethi "Ungayithathi **I-BRONCHOSTOP COUGH SYRUP**").

### I-BRONCHOSTOP COUGH SYRUP

iqukethe ijusi ye-raspberry eshubile ekuqethe i-sucrose, i-glucose ne-fructose.

Lo muthi uqukethe ama-66mg e-fructose ama-15 ml ngamanye.

Lo muthi uqukethe ngaphansi kwe-1 mmol ye-sodium (23 mg) kumthamo we-15 ml, okusho ukuthi empeleni 'i-sodium-free'.

### UKUPHUZA EMINYE IMITHI KANYE NE-BRONCHOSTOP:

Kungenzeka ukumunceka kwemithi ethathwa kanyekanye kulibaziseke.  
(Uma kunemithi oyidlayo njalo, kubalwa naleyo engayingidi inowadi kadokotela, imithi ehambelana noma eyesintu, kodwa ukubuye usebenzise ne-BRONCHOSTOP kungakudalela ezinye izinkinga zempilo. Bonana nodokotela wakho, usokhemisi, noma omunye wabazempilo).

### INDLELA YOKUPHUZA I-BRONCHOSTOP:

Ungaphuzisani nge-BRONCHOSTOP nomunye umuntu.  
Phuza iBRONCHOSTOP njengemiyalezo kadokotela. Buza udokotela noma usokhemisi wakho uma udinga izeluleko.

Ixukuze kahle ngaphambi kokuyiphuza. Sebenzisa ukhezo lokuphuza olunikeziwe.

Izingane ezineminyaka engu 4 kuye kwengu 11: 7,5 ml njalo emahoreni amathathu kuya kwamane-4 uma kunesidingo.

Uma kunesidingo, isilinganiso sokuyiphuza ngosuku singacina ku-6 noma sibengu 45 ml.  
Abadala nezingane ezineminyaka angaphezulu kwengu-12: 15 ml njalo emahoreni amathathu kuya kwamane njalo uma kunesidingo.

Uma kunesidingo, isilinganiso sokuyiphuza ngosuku singacina ku-6 noma sibengu 90 ml.  
I-BRONCHOSTOP ingaphuzwa ngabantu abanokungakwazi ukubekwezelela noma ukuzwela.

Ayiphuzwa izingane ezingaphansi kweminyaka emine-4.

Uma unqanyukelwa ngumoya, umezinga lokushisa eliphakeme (mfiva), isikhwehlela sakho sinombala ophuzi okuluhaza noma onsendu (isikhwehlela esinombala omhlophe ngokuluthutho), kufanele uthintane nodokotela wakho noma isisebenzi sokunakekelwa kwempilo esiqeqeshiwe.  
Bonana nodokotela uma ungabi ngcono noma uma izimpawu zibhebheka noma ziphikelela ngemva kwezinsuku eziyihlanu-5.

### UMA USEBENZISE I-BRONCHOSTOP ENGAPHEZULU KWALEYO OBEKUFANELE UYIPHUZE:

Uma ngabe uyiphuze ngokweqile, bonana nodokotela noma nosokhemisi wakho. Uma bengathalaki laba, thintana nesibhedlele esiseduze noma isikhungo sokulawula ubuthi.

Uma ngabe ukhohliwe ukuphuza i-BRONCHOSTOP:

Ungayiphuzi ngokuyiphinda-phinda ulungisa ukuthi ubuyeqisile.

### IZINKINGA ONGABA NAZO:

BRONCHOSTOP nayo ingakwenzela izinkinga ezithile.  
Akuzona zonke izinkinga ongahlangabezana nazo ezibhalwe kulipheshana. Uma ungabi ngcono, ubona noma iyiphi imiphumela emibi engashyngoko kulipheshana, sicela ubonane nodokotela, noma usokhemisi nomake abezempilo.

Akwaziwa ukuvama kokudaleka kwemithelela engadingeki elandelayo.

Kungenzeka lo muthi udale ukuzwela kabi umuthi okulandelayo. Uma uba nanoma yimiphi yemithelela elandelayo, yeka ukuthatha umuthi bese ufuna ukwelulekwa kokwelapha okuphuthumayo:

- izimpawu ezingafaka ukuzwisa unesiyazi noma uquleke, izinkinga zokuphefumula noma ukubefuzela, ukushaya ngamandla kwenhliyo, ukuqubuka kwesikhumba, ukudideka kanye nexhala, noma ukuquleka (ukuzwela kabi okubeka impilo engcupheni)
- ukuvuvukala kobuso, kwezindebe, kolimi, komlomo noma komphimbo (i-angioedema).
- izindoda emlonyeni nasemphinjani
- ukubhebheka kwezimpawu zesifuba somoya
- ubunzima bokuphefumula (okufaka ukunqamuka komoya)

Eminye imithelela engadingeki okungenzeka ibe khona

Uma noma yimiphi yale mithelela engadingeki elandelayo iba mibi kakhulu noma ikukhathaza, noma uqaphela noma yimuphi omunye umthelela engadingeki, yeka ukuthatha umuthi bese ufuna ukwelulekwa kokwelashwa ngokushesha okusemandleni.

Ukuzwela kabi esikhunjeni okufaka i-urticaria (amaghubo abomvu esikhunjeni), kanye nokulunywa.

Izingkinga ezithinta umgudu wokugaya ukudla njengobuhlungu noma ukungaphatheki kahle esiswini, uhudo, ukuphalaza kanye nesicancucanu.

Iqoqo Lezinhlalozokuzwela le-MedDRA	Imithelela Engadingeki	Ukuvama
<b>Izingkinga esikhunjeni kanye nasezicutshini ezingaphansi kwesikhumba</b>	Ukuqubuka, i-urticaria, i-pruritus	Akwaziwa
<b>Izingkinga ezithinta amasosha omzimba</b>	Ukuzwela ngokweqile, ukuzwela kabi okubeka impilo engcupheni	Akwaziwa
<b>Izingkinga ezithinta umgudu wokugaya ukudla</b>	Isicancucanu, ukuphalaza, uhudo, ubuhlungu/ukungaphatheki kahle esiswini	Akwaziwa

### INDLELA YOKULONDOLOZA KANYE NEYOKULAHLA I-BRONCHOSTOP:

Yonke imithi ibeke kude nezingane. Igcine endaweni epholile, eyomile noma engaphansi kuka-25°C. Livale uliqinise ibhodlela lomuthi ngemva kokusebenzisa bese uwufaka ebhokisini lawo ukuze uvikeleke elangeni nasemvakameni.

Buyisela yonke imithi engasetshenziswa ekhemisi lakho. Ungayilahli imithi engasetshenziswa kuma drain noma esitamkoveni nasemayipini endle, njengesibonela sendu encane (toilet).

### ITHOLAKALA NGALEZIZINDELELA IBRONCHOSTOP:

Amabhodlela aqukethe i-120 ml nama-200 ml

### UNJANI LOMUTHI

Umuthi onsundu ngokubomvu onambitheka njenge-thyme kanye nama-raspberries.

### INOMBOLO EBHALISWE NGAYO:

Ayibhaliswanga  
**IGAMA NEKHELI LEBHIZINISI**  
Ikhiziqwe abakwa: Kwizda Pharma GmbH, Effingergasse 21, A-1160 Vienna, Austria  
Ithengiswe ngabakwa: iNova Pharmaceuticals (Pty) Ltd, 15E Riley Road, Bedfordview, 2007 Ucingo: +27110870000 www.inovapharma.co.za

**USUKU LOKUSHICILELWA**  
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