

## ANDOLEX ORAL RINSE

PACKAGE INSERT

# Andolex®

**ANDOLEX** is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use **ANDOLEX** carefully to get the best results from it.

**SCHEDULING STATUS**  **PROPRIETARY NAME AND DOSAGE FORM** **ANDOLEX** solution **COMPOSITION** Each 15 mL contains benzydamine hydrochloride 22,5 mg Preservative: methyl hydroxybenzoate 0,1 % *m/v* Contains alcohol 10 % *v/v* Contains sweetener: Saccharin sodium 4,8 mg/15mL The other excipients are glycerol, mouthwash flavour, polysorbate, quinoline yellow, patent blue and purified water. SUGAR FREE. **PHARMACOLOGICAL CLASSIFICATION** A 16 Ear, nose and throat preparations **PHARMACOLOGICAL ACTION** **Pharmacodynamic properties** Benzydamine exerts a local anti-inflammatory and analgesic action by stabilising the cell membrane and inhibiting prostaglandin synthesis.

**Pharmacokinetic properties** When administered as a local application benzydamine has a low systemic absorption which reduces the potential of systemic side effects. Metabolism is mainly through oxidation, dealkylation and conjugation. **INDICATIONS** Symptomatic relief of painful inflammatory conditions of the mouth and throat including: *Traumatic conditions:* Pharyngitis following tonsillectomy or after the use of nasogastric tube *Inflammatory conditions:* Pharyngitis, aphthous ulcers and oral ulceration due to radiation therapy For use after dental operations

*Dentistry:* **CONTRAINDICATIONS** Sensitivity to benzydamine hydrochloride or to any of the components of **ANDOLEX** (see **COMPOSITION**). **ANDOLEX** is not recommended in children under the age of 12 years. **WARNINGS AND SPECIAL PRECAUTIONS** Do not swallow. If a stinging or burning sensation occurs, **ANDOLEX** may be diluted with water. Avoid contact with the eyes. Uninterrupted treatment should not exceed 7 days, except under medical supervision. **ANDOLEX** contains methyl hydroxybenzoate which may cause allergic reactions (possibly delayed). *Effects on ability to drive and use machines:* **ANDOLEX** has no or negligible influence on the ability to drive and use machines.

**INTERACTIONS** See **CONTRAINDICATIONS** and **WARNINGS AND SPECIAL PRECAUTIONS**. **PREGNANCY AND LACTATION** **The safety of ANDOLEX in pregnancy and lactation has not been established.** **DOSAGE AND DIRECTIONS FOR USE** **Oral Rinse:** Rinse or gargle with 15 mL (approximately one tablespoon full) every 1½ to 3 hours as required for pain relief. The solution should be expelled from the mouth after use.

**Spray:** 5 to 10 sprays directly onto the painful or inflamed area and swallow gently. Repeat every 1½ to 3 hours as necessary. **ANDOLEX** should generally be used undiluted, but if "stinging" occurs, the rinse may be diluted with water. Avoid contact with the eyes.

*Elderly:* No special usage recommendations are made for elderly patients.

#### SIDE EFFECTS

##### Immune system disorders

*Less frequent:* Hypersensitivity reactions including urticaria, rash, laryngospasm, photodermatitis.

*Frequency unknown:* Serious allergic reaction (anaphylactic shock), signs of which may include difficulty breathing, chest pain or chest tightness, and/or feeling dizzy/faint, severe itching of the skin or raised lumps on the skin, swelling of the face, lips, tongue and/or throat, and which may be potentially life-threatening.

##### Nervous system disorders

*Less frequent:* Light-headedness.

##### Gastrointestinal disorders

*Frequency unknown:* Nausea and vomiting.

**General disorders and administrative site conditions** *Less frequent:* Oral tissue numbness and stinging or burning sensation, disturbance of taste.

##### KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

##### See SIDE EFFECTS.

There is no specific antidote for benzydamine and should excessive benzydamine be ingested, the treatment should be symptomatic and supportive.

##### IDENTIFICATION

A pleasant tasting, clear, green solution.

##### PRESENTATION

**Oral Rinse:** Bottles containing 200 mL and 2,5 L

**Spray:** Bottles containing 30 mL

##### STORAGE INSTRUCTIONS

Store at or below 25 °C. Protect from light.

Do not leave the uncartoned bottle in direct sunlight.

##### KEEP OUT OF REACH OF CHILDREN

##### REGISTRATION NUMBER

Z/16/40

##### NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Nova Pharmaceuticals (Pty) Ltd
15E Riley Road, Bedfordview, 2007
**DATE OF PUBLICATION OF THIS PACKAGE INSERT**
Date of registration: May 1994
Date of latest revision: 25 November 2016
**Final Product Manufacturer**
Pharma-Q (Pty) Ltd
50 Commando Road, Industria, Johannesburg
**Country of Origin**
South Africa

<b>BOTSWANA</b> Scheduling status ( <b>Oral Rinse</b> ): 4 License number: BOT 9700124
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<b>BOTSWANA</b> Scheduling status ( <b>Spray</b> ): 3 License number: BOT 1402675
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<b>NAMIBIA</b> Scheduling status : NS1 Registration number : 04/16/0951
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<b>ZIMBABWE</b> Distribution category: Pharmacist Initiated Medicine (PIM) Registration number: 20.3.6 Ear, nose, throat and mouth preparations: Others Registration number: 98/20.3.6/3302
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<b>ZAMBIA:</b> General Sale <b>Marketing Authorization No:</b> Andolex Spray: 478/001L Andolex Oral Rinse 200 mL: 478/003L
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# Andolex®

**SKEDULERINGSSTATUS**  **EIENDOMSNAAM EN DOSEERVORM** **ANDOLEX** oplossing **SAMESTELLING**

Elke 15 mL bevat bensidamienhydrochlorid 22,5 mg
Preserveermiddel: metielhidroksiebensoaat 0,1 % *m/v*
Bevat alkohol 10 % *v/v*
Bevat versoeter: Natriumsakkarien 4,8 mg/15mL
Ander bestanddele sluit in glierol, mondspeelmiddel geur, polysorbaat, kinoliën geel, patent blou kleur en gesuiwerde water. SUIKER VRY.

##### FARMAKOLOGIESE KLASSIFIKASIE

A 16 Oor, neus en keelpreparate **FARMAKOLOGIESE WERKING** **Farmakodinamiese eienskappe**

Bensidamien het 'n plaaslike anti-inflammatoriese en analgetiese werking deurdat dit die selmembraan stabiliseer en prostaglandien-sintese inhibeer.

##### Farmakokinetiese eienskappe

Wanneer dit topikaal aangewend word, het bensidamien 'n lae sistemiese absorpsie wat die potensiaal van sistemiese newe-effekte verminder. Metabolisme is hoofsaaklik deur oksidasie, dealkilering en konjugasie.

##### INDIKASIES

Simpptomatese verligting van pylnike inflammatoriese kondisies van die mond en keel, insluitende:

*Traumatiese toestande:* Faringitis wat volg na 'n tonsillektomie of na gebruik van 'n nasogastriese buis. Faringitis, aftiese en orale ulserasies as gevolg van bestralings-terapie.

##### Inflammatoriese toestande:

*Tandheelkunde:* Vir gebruik na tandheelkundige operasies.

##### KONTRA-INDIKASIES

Sensitiwiteit teenoor bensidamienhydrochlorid of teenoor enige van die bestanddele van **ANDOLEX** (verwys na **SAMESTELLING**). **ANDOLEX** word nie aanbeveel vir gebruik in kinders onder 12 jaar oud nie.

##### WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

Moenie sluk nie. As 'n branderige sensasie voorkom, kan **ANDOLEX** verduin word met water. Vermy kontak met die oë. Ononderbroke behandeling moet nie langer as 7 dae duur nie, behalwe onder mediese toesig.

**ANDOLEX** bevat metielhidroksiebensoaat wat allergiese reaksies kan veroorsaak (moontlik vertraagde reaksies).

*Uitwerking op die vermoë om te bestuur en die gebruik van masjinerie:*

**ANDOLEX** het geen of 'n weglaatbare invloed op die vermoë om te bestuur en om masjinerie te gebruik.

**INTERAKSIES**
Sien **KONTRA-INDIKASIES** en **WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS**. **SWANGERSKAP EN LAKTASIE**
**Die veiligheid van ANDOLEX tydens swangerskap en laktasie is nie vasgestel nie.**

#### PATIENT INFORMATION LEAFLET

# Andolex®

**SCHEDULING STATUS**  **PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM** **ANDOLEX**, benzydamine hydrochloride 22,5 mg/15 mL solution. **Read all of this leaflet carefully because it contains important information for you.**

**ANDOLEX** is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use **ANDOLEX** carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share **ANDOLEX** with any other person.
- Ask your pharmacist if you need more information or advice. You must see a doctor if your symptoms worsen or do not improve after 7 days.

##### WHAT ANDOLEX CONTAINS

The active substance is benzydamine hydrochloride 22,5 mg/ 15 mL.

The preservative is methyl hydroxybenzoate 0,1 % *m/v*.

**ANDOLEX** contains alcohol 10 % *v/v*.

Contains sweetener: Saccharin sodium 4,8 mg/15mL The other excipients are glycerol, mouthwash flavour, polysorbate, quinoline yellow, patent blue and purified water. SUGAR FREE.

##### WHAT ANDOLEX IS USED FOR

**ANDOLEX** is used for symptomatic relief of painful inflammatory conditions of the mouth and throat including:

*Traumatic conditions:* Inflammation of the pharynx (pharyngitis) following removal of tonsils or after the use of nasogastric tube.

*Inflammatory conditions:* Pharyngitis, mouth ulcers and oral ulceration due to radiation therapy

For use after dental operations

*Dentistry:* **BEFORE YOU USE ANDOLEX**

- Do not use **ANDOLEX**:
  - if you are hypersensitive (allergic) to benzydamine hydrochloride or any of the other ingredients of **ANDOLEX**
  - if you are under 12 years old
  - if you are pregnant.

##### Pregnancy and Breastfeeding

Safety in pregnancy and breastfeeding has not been established. If you are pregnant or breastfeeding your baby please consult your doctor, pharmacist or other healthcare professional for advice before using **ANDOLEX**.

##### Driving and using machinery

**ANDOLEX** has no or negligible influence on the ability to drive and use machines.

##### Important information about some of the ingredients of ANDOLEX:

**ANDOLEX** contains alcohol.

**ANDOLEX** contains the preservative, methyl hydroxybenzoate, which may cause allergic reactions which can be delayed.

##### Using other medicines with ANDOLEX:

Always tell your healthcare professional if you are taking any other medicine. (This includes complementary or traditional medicines.)

##### HOW TO USE ANDOLEX

Do not share medicines prescribed for you with any other person.

**Oral Rinse:** Rinse or gargle with 15 mL (approximately one tablespoon full) every 1½ to 3 hours as required for pain relief. **ANDOLEX** should be expelled from the mouth after use.

**Spray:** 5 to 10 sprays directly onto the painful or inflamed area and swallow gently. Repeat every 1½ to 3 hours as necessary.

*Elderly:* No special usage recommendation are made for elderly patients.

#### VOUBILJET

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#### DOSIS EN GEBRUIKSAANWYSINGS

**Mondspeelmiddel:** Spel of gorrel met 15 mL (ongeveer een eetlepelvol) elke 1½ tot 3 uur soos benodig vir verligting van pyn. Die oplossing moet uitgespoeg word na gebruik.

##### Sproei:

5 tot 10 sproeie direk op die pylnike of ontsteekte area en sluk dan sagkurs in. Herhaal elke 1½ tot 3 uur soos benodig.

**ANDOLEX** word in die algemeen onverduin gebruik, maar indien branderigheid voorkom, kan die speelmiddel met water verduin word. Vermy kontak met die oë.

*Bejaardes:* Geen spesiale gebruiksaanwysings word aanbeveel nie vir bejaarde pasiënte nie.

##### NEWE-EFFEKTE

##### Immuunsisteam verstergings

*Minder dikwels:* Hipersensitiwiteitsreaksies insluitend urtikarie, uitslag, laringospasma en fotodermatitis.

*Frekwensie onbekend:* Ernstige allergiese reaksie (anafliktiese skok), tekens sluit moeilike asemhaling, borspyn of 'n toe bors, en/of duiseligheid/floou gevoel erge jeuk van die vel of opgehewe knoppie op die vel, swelling van die gesig, lippe, tong en/of keel in, en kan potensieel lewensgevaarlik wees.

##### Senuweestelselverstergings

*Minder dikwels:* Lighoofdigheid.

##### Gastrointestinale verstergings

*Frekwensie onbekend:* Naarheid en braking.

##### Algemene verstergings en verstergings van die area van toediening

*Minder dikwels:* Gevoelloosheid van orale weefsel en steek- of branderige sensasie, versteuring van smaak.

##### BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN

Sien **NEWE-EFFEKTE**. Daar is geen spesifieke teennmiddel vir bensidamien nie. Indien oormatige hoeveelhede ingeneem word, is die behandeling simptomaties en ondersteunend.

##### IDENTIFIKASIE

'n Helder, groen oplossing met 'n aangename smaak.

##### AANBIEDING

**Mondspeelmiddel:** Bottels wat 200 mL en 2,5 L bevat

**Sproei:** Bottels wat 30 mL bevat

##### BERGINGSINSTRUKSIES

Bewaar teen of benede 25 °C. Beskerm teen lig.

Moenie die houer sonder die oorspronklike verpakking in direkte sonlig, laat staan nie. **HOU BUITE BEREIK VAN KINDERS.**

##### REGISTRASIEONMMER

Z/16/40

##### NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE

##### REGISTRASIESERTIFIKAAT

Nova Pharmaceuticals (Pty) Ltd
Rileyweg 15E, Bedfordview, 2007

##### DATUM VAN PUBLIKASIE VAN HIERDIE VOUBILJET

Datum van registrasie: Mei 1994

Datum van laaste hersiening: 25 November 2016

##### Vervaardiger

Pharma-Q (Pty) Ltd
50 Commando Road, Industria, Johannesburg
**Oorsprong**
Suid-Afrika

#### PASIEËNTINLIGTINGSPAMFLET

# Andolex®

**SKEDULERINGSSTATUS**  **EIENDOMSNAAM, STERKTE EN DOSEERVORM** **ANDOLEX**, bensidamienhydrochlorid 22,5 mg/15 mL oplossing. **Lees hierdie hele pamflet noukeurig deur omdat dit belangrike inligting bevat.**

**ANDOLEX** is sonder 'n voorskrif beskikbaar om minder ernstige toestande te behandel. Nogtans moet **ANDOLEX** met omsigtigheid gebruik word om die beste resultate te verkry.

- Hou hierdie pamflet. Dit mag nodig wees dat jy dit weer moet lees.
- Moenie **ANDOLEX** met iemand anders deel nie.
- Vra jou apteker as jy nog inligting of raad nodig het. Raadpleeg 'n dokter indien jou simptome vererger of nie verbeter binne 7 dae nie.

##### WAT ANDOLEX BEVAT

Die aktiewe bestanddeel is bensidamienhydrochlorid 22,5 mg/15 mL. Die preserveermiddel is metielhidroksiebensoaat 0,1 % *m/v*. **ANDOLEX** bevat alkohol 10 % *v/v*.

Bevat versoeter: Natriumsakkarien 4,8 mg/15mL
Ander bestanddele sluit in glierol, mondspeelmiddel geur, polysorbaat, kinoliën geel, patent blou kleur en gesuiwerde water. SUIKER VRY.

##### WAARVOOR ANDOLEX GEBRUIK WORD

**ANDOLEX** word gebruik vir die simptomatiese verligting van pylnike, inflammatoriese toestande van die mond en keel insluitende die volgende:

*Traumatiese kondisies:* Inflammasie van die farinks na 'n tonslektomie (verwydering van die mangel) of na die gebruik van 'n nasogastriese buis.

*Inflammatoriese toestande:* Faringitis, mondukusse en orale ulserasies na bestraling.

##### Tandheelkunde:

Vir gebruik na tandheelkundige operasies.

##### VOORDAT U ANDOLEX GEBRUIK

**Moenie ANDOLEX gebruik:**

- indien jy hipersensitief (allergies) vir bensidamienhydrochlorid of enige van die ander bestanddele van **ANDOLEX** is nie
- indien jy jonger as 12 jaar oud is nie

indien jy swanger is nie. **Swangerskap en borsvoeding** Die veiligheid tydens swangerskap en borsvoeding is nie bepaal nie. Indien jy swanger is of jou baba borsvoed, moet jy jou dokter, apteker of ander gesondheidskundige raadpleeg vir advies voordat jy **ANDOLEX** gebruik.

**Motorbestuur en gebruik van masjinerie** **ANDOLEX** het geen of 'n weglaatbare effek op die vermoë om te bestuur en om masjinerie te gebruik.

*Belangrike inligting rakende sommige van die bestanddele in ANDOLEX:*

**ANDOLEX** bevat alkohol.

**ANDOLEX** bevat die preserveermiddel, metielhidroksiebensoaat, wat allergiese reaksies kan veroorsaak (moontlik vertraagde reaksies).

**Gebruik van ander medisyne saam met ANDOLEX**
Stel altyd jou gesondheidskundige in kennis as jy enige ander medisyne gebruik.

(Dit sluit komplementêre en tradisionele medisyne in.)

**HOE OM ANDOLEX TE GEBRUIK**
Moenie medisyne wat vir jou voorgeskryf is aan enigiemand anders gee nie.