

## PROFESSIONAL INFORMATION

### SCHEDULING STATUS

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### 1 NAME OF THE MEDICINE

CRECHE GUARD IMMUNE MULTIVITAMIN SYRUP

### 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Ingredients	Per 5ml
Vitamin C (Ascorbic Acid)	32,7 mg
Vitamin B3 (Nicotinamide)	7,2 mg
Vitamin E (Alpha-tocopherol)	5,4 mg
Zinc (Zinc Glycinate)	5 mg
Glycine (Zinc Glycinate)	1,758 mg
Vitamin B5 (Calcium Pantothenate)	2,2 mg
Vitamin B6 (Pyridoxine)	1,1 mg
Vitamin B2 (Riboflavin)	0,7 mg
Vitamin B1 (Thiamine)	0,6 mg
Folic Acid	145 ug
Biotin	109 ug
Vitamin B12 (Cyanocobalamin)	0,4 ug
Vitamin A (Retinol)	2012 IU
Vitamin D3 (Cholecalciferol)	400 IU

For full list of excipients, see section 6.1

### 3 PHARMACEUTICAL FORM

Yellow coloured syrup with smell and taste of cherries.

### 4 CLINICAL PARTICULARS

#### 4.1 Therapeutic indication

CRECHE GUARD IMMUNE MULTIVITAMIN SYRUP is a health supplement which provides essential vitamins and minerals for the maintenance of good health and to support normal growth and development in children.

#### 4.2 Posology and method of administration

Children 1 – 3 years: Half a medicine measure (2,5 ml) daily, or as directed by a healthcare provider.  
Children 4 – 5 years: One medicine measure (5 ml) daily, or as directed by a healthcare provider.  
Children 6 – 12 years: Two medicine measures (10 ml) daily, or as directed by a healthcare provider.

Shake well before use.

#### 4.3 Contraindications

Do not use CRECHE GUARD IMMUNE MULTIVITAMIN SYRUP:

- In patients who are hypersensitive to any of the ingredients, including the excipients.

#### 4.4 Special warnings and precautions for use

- CRECHE GUARD IMMUNE MULTIVITAMIN SYRUP contains sorbitol which may have an effect on the glycaemic control of children with Diabetes Mellitus.
- Patients with the rare hereditary condition of sorbitol intolerance should not take this product.
- Use in children under the age of 1 year is at the discretion of a healthcare professional.

#### 4.5 Interaction with other medicines and other forms of interaction

No interaction studies were performed on CRECHE GUARD IMMUNE MULTIVITAMIN SYRUP.

#### 4.6 Undesirable effects

Possible side effects are gastrointestinal discomfort (nausea, vomiting, heartburn, abdominal pain, bloating, dyspepsia, diarrhoea, constipation).

### 4.7 Overdose

Symptoms of overdosage include severe stomach upset, nausea, diarrhoea or constipation.

Treatment is symptomatic and supportive.

### 5 PHARMACOLOGICAL PROPERTIES

#### 5.1 PHARMACOLOGICAL CLASSIFICATION

Complementary Medicines: Health Supplement

D34.12 Multiple substance formulation

#### 5.2 PHARMACOLOGICAL ACTION

- Vitamin C is an antioxidant which contributes to cell protection from free radical damage, helps in the development and maintenance of bones, cartilage, teeth and gums and helps with connective tissue formation.
- The B Vitamins help to metabolise carbohydrates, fats and proteins, contribute to normal psychological function, normal functioning of the nervous system, maintenance of normal mucous membranes, maintenance of normal skin and the reduction of tiredness and fatigue.
- Vitamin E functions as a tissue antioxidant thereby maintaining healthy cells.
- Zinc is an essential element which contributes to the maintenance of immune function and the maintenance of normal skin.
- Vitamin A contributes to the maintenance of good eyesight, skin, membranes and immune function.

### 6 PHARMACEUTICAL PARTICULARS

#### 6.1 List of excipients

Citric acid, glycerine, maltodextrin, natural cherry flavour, sodium carboxymethyl cellulose and water.

Contains sugar: Sorbitol 3,72 g/5 ml

Preservatives: Potassium sorbate 0,036 % (m/v),

Sodium benzoate 0,048 % (m/v)

Alcohol and Tartrazine free

#### 6.2 Incompatibilities

Unknown

#### 6.3 Shelf life

2 years

#### 6.4 Special precautions for storage

Store at or below 25 °C. Keep bottle tightly closed and protect from sunlight and moisture.

KEEP OUT OF THE REACH OF CHILDREN.

#### 6.5 Nature and contents of container

CRECHE GUARD IMMUNE MULTIVITAMIN SYRUP is available in bottles containing 100ml, 200ml and 500ml syrup.

#### 6.6 Special precautions for disposal and other handling

No special requirements

### 7 HOLDER OF CERTIFICATE OF REGISTRATION

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### 8 REGISTRATION NUMBER

To be allocated

### 9 DATE OF PUBLICATION OF PROFESSIONAL INFORMATION

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