

Andolex[®]-C

Oral Rinse

SCHEDULING STATUS

[S1]

PROPRIETARY NAME AND DOSAGE FORM

ANDOLEX-C ORAL RINSE COMPOSITION

Each 15 ml contains benzylamine hydrochloride 22.5 mg Chlorhexidine gluconate 18 mg Contains alcohol 9 % v/v Contains sugar: Sorbitol solution 3,75 g/15 ml

Other ingredients include polyoxyl 40 hydrogenated castor oil, peppermint oil, anised, carmoisine and purified water.

PHARMACOLOGICAL CLASSIFICATION

A 16.4 Nasopharyngeal and bucco-pharyngeal antiseptics

PHARMACOLOGICAL ACTION

Pharmacodynamic properties

Benzylamine hydrochloride has local analgesic and anti-inflammatory properties by stabilising the cellular membrane and inhibiting prostaglandin synthesis.

Chlorhexidine has antiseptic and disinfectant properties.

Pharmacokinetic properties

Benzylamine: When administered as a local application, benzylamine has a low systemic absorption which reduces the potential of systemic side effects. Metabolism is mainly through oxidation, dealkylation and conjugation.

Chlorhexidine:

Minimal systemic absorption is observed. Chlorhexidine is poorly absorbed from the gastrointestinal tract and skin.

INDICATIONS

For the relief of minor infections and painful inflammatory conditions of the mouth and throat.

Chlorhexidine in **ANDOLEX-C ORAL RINSE** helps to reduce the development of plaque.

CONTRAINDICATIONS

Patients with known hypersensitivity to benzylamine, chlorhexidine or to any of the other ingredients of the formulation (see **COMPOSITION**).

ANDOLEX-C ORAL RINSE is not recommended in children under 6 years of age.

WARNINGS AND SPECIAL PRECAUTIONS

Do not swallow. If a burning or stinging sensation occurs, **ANDOLEX-C ORAL RINSE** should be diluted with water. Avoid contact with the eyes. Should it come in contact with the eyes, wash out thoroughly with water. Uninterrupted treatment should not exceed 7 days except under medical supervision.

Patients with the rare hereditary condition of sorbitol intolerance should not use **ANDOLEX-C ORAL RINSE**. Contains sorbitol which may have an effect on blood sugar levels in patients with Diabetes Mellitus.

Effects on ability to drive and use machines

ANDOLEX-C ORAL RINSE has no or negligible influence on the ability to drive and use machines.

INTERACTIONS

Anionic agents in some toothpastes are incompatible with chlorhexidine. In order that the antiplaque effect of chlorhexidine is not reduced, it has been recommended that at least 30 minutes should be allowed to elapse between teeth brushing and rinsing with **ANDOLEX-C ORAL RINSE**.

PREGNANCY AND LACTATION

The safety of **ANDOLEX-C ORAL RINSE** in pregnancy and lactation has not been established.

DOSAGE AND DIRECTIONS FOR USE

Adults

Gargle:

Gargle with 15 ml (approximately one tablespoon) for at least 30 seconds at 1½ to 3 hourly intervals, as needed. The solution should be expelled from the mouth after use and not swallowed.

Rinse for oral lesions:

15 ml (approximately one tablespoon) which should be held in the mouth and swirled around for at least 30 seconds, with repeat use every 1½ to 3 hours throughout the day, as needed. The solution should be expelled from the mouth after use.

Spray:

5 to 10 sprays directly onto the painful or inflamed area and swallow gently. Repeat every 1½ to 3 hours as necessary.

ANDOLEX-C ORAL RINSE should generally be used undiluted, but if stinging occurs, the rinse may be diluted with water.

Children (6 to 12 years)

Use 5 to 15 ml as a gargle if able to do so, or as an oral rinse, every 3 hours.

Avoid contact with the eyes.

How to clean and care for ANDOLEX-C spray:

Rinse the actuator spindle and nozzle after every use to avoid sporadic blockages of the spray tube. Rinse the spray tube in warm, running water for at least 30 seconds and let the water run through the spray tube. This is very important as sometimes the small opening where the medicine comes out can become blocked. Shake off the excess water and leave the spray tube to dry completely.

Note: Blockage from medication build-up is more likely to occur if the spray tube is not allowed to dry thoroughly. The spray should be stored in an upright position.

SIDE EFFECTS

Immune system disorders

Less frequent: Hypersensitivity reactions including urticaria, rash, bronchospasm or arynospasm and photodermatitis.

Frequency unknown:

Serious allergic reaction (anaphylactic shock), signs of which may include difficulty breathing, chest pain or chest tightness, and/or feeling dizzy/faint, severe itching of the skin or raised lumps on the skin, swelling of the face, lips, tongue and/or throat, and which may be potentially life-threatening.

Gastrointestinal disorders

Frequency unknown: Gastro-intestinal disturbances

General disorders and administrative site conditions

Less frequent: Oral tissue numbness and stinging sensation, dryness or thirst, reversible discoloration of the tongue and teeth, transient disturbance of taste, oral desquamation, swelling of the parotid gland.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

See **SIDE EFFECTS** and **WARNINGS AND SPECIAL PRECAUTIONS**. Adverse effects have been reported following overdose.

Symptoms include nausea, vomiting, sore throat, and abdominal pain. Adverse central nervous system effects have been reported following overdose. Symptoms of the central nervous system include dizziness, hallucinations, agitation, anxiety, and irritability. There is no specific antidote for benzylamine and should excessive quantities be ingested the treatment should be symptomatic and supportive.

IDENTIFICATION

A clear, pinkish red liquid with an odour of peppermint/anised.

PRESENTATION

Oral Rinse: Clear plastic bottles containing 200 ml and 2 l

Spray: Clear glass or plastic PET bottles containing 30 ml

STORAGE INSTRUCTIONS

Store in the carton, at or below 30 °C, in an upright position.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

31/16.4/0143

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Inova Pharmaceuticals (Pty) Ltd
15E River Road, Bedfordview, 2007

DATE OF PUBLICATION OF THIS PACKAGE INSERT

Date of registration: 02 October 2002

Date of latest revision: 17 February 2017

FINAL PRODUCT MANUFACTURER

Pharma-Q (Pty) Ltd, 50 Commando Road Industria, Johannesburg, South Africa

COUNTRY OF ORIGIN: South Africa

BOTSWANA	
Scheduling status (Oral Rinse): 4	
Pharmacological classification: ATC: A01A D02 Other agents for local oral treatment	
	ATC: A01A B03 – Anti-infectives for local oral treatment
License number: BOT 9800286	
BOTSWANA	
Scheduling status (Spray): 3	
Pharmacological classification: ATC: A01A D02 Other agents for local oral treatment	
	ATC: A01A B03 – Anti-infectives for local oral treatment
License number: BOT 1402676	
NAMIBIA	
Scheduling status: NS1	
Registration number: 04/16.4/0956	
ZIMBABWE	
Distribution category: Pharmacist Initiated Medicine (PIM)	
Registration number: 99/20.3.4/0326 (Oral Rinse) 2015/20.3.4/4974 (Spray)	
ZAMBIA	
Category of distribution: General sale	
Marketing Authorization No: 478/004L	

Andolex[®]-C

Oral Rinse

SCHEDULING STATUS

[S1]

PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

ANDOLEX-C ORAL RINSE, benzylamine hydrochloride 22,5 mg/ 15 ml and chlorhexidine 18 mg/15 ml solution.

Read all of this leaflet carefully because it contains important information for you.

ANDOLEX-C ORAL RINSE is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use **ANDOLEX-C ORAL RINSE** carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share **ANDOLEX-C ORAL RINSE** with any other person.
- Ask your pharmacist if you need more information or advice. You must see a doctor if your symptoms worsen or do not improve after 7 days.

WHAT ANDOLEX-C ORAL RINSE CONTAINS

The active substances are benzylamine hydrochloride 22,5 mg and chlorhexidine gluconate 18 mg. **ANDOLEX-C ORAL RINSE** contains alcohol 9 % v/v.

Contains sugar: Sorbitol solution 3,75 g/15 ml

Other ingredients include polyoxyl 40 hydrogenated castor oil, peppermint oil, anised, carmoisine and purified water.

WHAT ANDOLEX-C ORAL RINSE IS USED FOR

ANDOLEX-C ORAL RINSE is used for the relief of painful inflammatory conditions of the mouth and throat. **ANDOLEX-C ORAL RINSE** helps to reduce the development of plaque.

BEFORE YOU USE ANDOLEX-C ORAL RINSE

Do not take/use ANDOLEX-C ORAL RINSE:

- if you are under 6 years old
- if you are pregnant
- if you are hypersensitive (allergic) to benzylamine, chlorhexidine or any of the other ingredients of **ANDOLEX-C ORAL RINSE**.
- Patients with the rare hereditary condition of sorbitol intolerance should not use **ANDOLEX-C ORAL RINSE**.
- ANDOLEX-C ORAL RINSE** contains sorbitol which may have an effect on the control of your blood sugar if you have diabetes mellitus.

Take special care with ANDOLEX-C ORAL RINSE.

- if stinging or burning occurs. **ANDOLEX-C ORAL RINSE** can be diluted with water
- to avoid contact with the eyes. Should **ANDOLEX-C ORAL RINSE** come into contact with the eyes, wash out thoroughly with water
- your treatment should not exceed 7 days except under medical supervision.

Pregnancy and Breastfeeding

Safety in pregnancy and breastfeeding has not been established. If you are pregnant or breastfeeding your baby please consult your doctor, pharmacist or other health care professional for advice before using **ANDOLEX-C ORAL RINSE**.

Driving and using machinery

ANDOLEX-C ORAL RINSE has no or negligible influence on the ability to drive and use machines.

Important information about some of the ingredients of ANDOLEX-C ORAL RINSE

ANDOLEX-C ORAL RINSE contains alcohol.

Using other medicines with ANDOLEX-C ORAL RINSE

Always tell your healthcare professional if you are taking other medicine. (This includes complementary or traditional medicines.)

Some of the toothpastes are not compatible with chlorhexidine. At least 30 minutes should be allowed to elapse between teeth brushing and rinsing with **ANDOLEX-C ORAL RINSE** in order to ensure that the antiplaque effect is not reduced.

HOW TO USE ANDOLEX-C ORAL RINSE

Do not share medicines prescribed for you with any other person. You should check with your doctor or pharmacist if you are unsure how to use **ANDOLEX-C ORAL RINSE**.

Adults

Gargle:

Gargle with 15 ml (approximately one tablespoon) for at least 30 seconds at 1½ to 3 hourly intervals, as needed. The solution should be expelled from the mouth after use.

Rinse for oral lesions:

15 ml (approximately one tablespoon) which should be held in the mouth and swirled around for at least 30 seconds, with repeat use every 1½ to 3 hours throughout the day, as needed. The solution should be expelled from the mouth after use.

Spray:

5 to 10 sprays directly onto the painful or inflamed area and swallow gently. Repeat every 1½ to 3 hours as necessary.

Children (6 to 12 years)

Use 5 to 15 ml as a gargle if able to do so, or as an oral rinse, every 3 hours.

Avoid contact with the eyes.

How to clean and care for your ANDOLEX-C spray:

Rinse the actuator spindle and nozzle after every use to avoid sporadic blockages of the spray tube. Rinse the spray tube in warm, running water for at least 30 seconds and let the water run through the spray tube. This is very important as sometimes the small opening where the medicine comes out can become blocked. Shake off the excess water and leave the spray tube to dry completely. Blockage from medication build-up is more likely to occur if the spray tube is not allowed to dry thoroughly. The spray should be stored in an upright position.

If you take more ANDOLEX-C ORAL RINSE than you should you may experience the following:

- nausea and vomiting
- abdominal pain
- oesophageal irritation.
- Central nervous system effects have been reported following overdose. Symptoms include:
 - dizziness
 - hallucinations
 - agitation
 - anxiety
 - irritability.

In the event of overdosing, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

If you forget to use a dose of ANDOLEX-C ORAL RINSE

Do not use a double dose to make up for a forgotten individual dose. Use the next dose as previously directed.

POSSIBLE SIDE EFFECTS

ANDOLEX-C ORAL RINSE can have side effects.

Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult with your doctor, pharmacist or other healthcare professional for advice.

- if any of the following happens, stop using **ANDOLEX-C ORAL RINSE** and tell your doctor immediately or go to the casualty department at your nearest hospital:
 - if you experience difficulty breathing, chest pain or chest tightness, feeling dizzy/faint, severe itching of the skin or raised lumps of the skin, swelling of the face, lips, tongue and throat.

- if you experience difficulty to breathe (bronchospasm)
- if you experience difficulty to speak (arynospasm)
- if you get hives or a rash
- if you are sensitive to light.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction to **ANDOLEX-C ORAL RINSE**.

You may need urgent medical attention or hospitalisation.

Tell your doctor as soon as possible if you notice any of the following:

- nausea and vomiting (gastro-intestinal disturbances)
- oral tissue numbness
- stinging sensation
- dryness of the mouth or thirst
- disturbance of taste
- light-headedness
- reversible discoloration of the teeth and tongue
- swelling of the salivary (parotid) glands
- shedding or scaling of the inside of your mouth (oral desquamation).

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF ANDOLEX-C ORAL RINSE

- Store at or below 30 °C in the carton
- Store in an upright position
- Protect from light
- Do not use after the expiry date stated on the label
- Return all unused medicine to your pharmacist.

STORE ALL MEDICINES OUT OF REACH OF CHILDREN.

Do not dispose of unused medicine in drains or sewerage system (e.g. toilets).

PRESENTATION OF ANDOLEX-C ORAL RINSE

Oral Rinse: Bottles containing 200 ml and 2 l

Spray: Bottles containing 30 ml

IDENTIFICATION OF ANDOLEX-C ORAL RINSE

A clear, pinkish red liquid with an odour of peppermint/anised.

REGISTRATION NUMBER

31/16.4/0143

NAME AND BUSINESS ADDRESS OF REGISTRATION HOLDER

Inova Pharmaceuticals (Pty) Ltd
15E River Road, Bedfordview, 2007

DATE OF PUBLICATION

Date of registration: 02 October 2002

Date of last revision: 17 February 2017

FINAL PRODUCT MANUFACTURER

Pharma-Q(Pty) Ltd, 50 Commando Road Industria, Johannesburg, South Africa

COUNTRY OF ORIGIN: South Africa

Andolex[®]-C

Oral Rinse

SKEDULERINGSTATUS

[S1]

EIENDOMSNAAM EN DOSEERVORM

ANDOLEX-C ORAL RINSE SAMESTELLING

Elke 15 ml bevat bensediamienhidrochloried 22,5 mg Chlorheksidien glukonaat 18 mg

Bevat alkohol 9 % v/v

Less frequent: Hipersensitiewe reaksies insluitend urtikarie, uitslag, brongospasme of laringospasme en fotodermatitis. Ander bestandede sluit in polikoksie 40 gehidrogeneerde kasterolie, pepermentolie, ariessaad geur, karmosien en gesuiwerde water.

FARMAKOLOGIESE KLASSIFIKASIE

A 16.4 Nasofaringiale en buko-faringiale antiseptikum

FARMAKOLOGIESE WERKING

Farmakodinamiese eienskappe

Bensediamienhidrochloried toon 'n lokale analgetiese en anti-inflammatoriese uitwerking deur selmembrane te stabiliseer en prostaglandien sintese te inhibeer. Chlorheksidien het antiseptiese en onsmettende eienskappe.

Farmakokinetiese eienskappe

Bensediamien: Wanneer dit topikaal aangewend word, het bensediamien 'n lae sistemiese absorpsie wat die potensiaal van sistemiese newe-effekte verminder. Metabolisme is hoofsaaklik deur oksidasie, dealkilering en konjugasie.

Chlorheksidien:

Sistemiese absorpsie is minimaal. Chlorheksidien word swak uit die spooringskanaal en vel geabsorbeer.

INDIKASIES

Vir die verligting van geringe infeksies en pynlke inflammatoriese kondisies van die mond en keel. Chlorheksidien in **ANDOLEX-C ORAL RINSE** verminder die ontwikkeling van plaak.

KONTRA-INDIKASIES

Pasiënte met 'n bekende hipersensitieweit vir bensediamien, chlorheksidien of enige ander bestanddeel van hierdie produk (sien **SAMESTELLING**). **ANDOLEX-C ORAL RINSE** word nie aanbeveel vir kinders onder 6 jaar nie.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

Moenie insluk nie. Indien branderigheid of steeksensasie voorkom, kan **ANDOLEX-C ORAL RINSE** met water verduin word. Verhoed kontak met oë. Indien dit wel in kontak kom met die oë, spoel deeglik uit met water. Ononderbroke behandeling moet nie langer as 7 dae duur nie, behalwe onder mediese toesig.

Pasiënte met seldsame oorerflike toestand van sorbitol intoleransie moet nie **ANDOLEX-C ORAL RINSE** gebruik nie.

Bevat sorbitol wat 'n uitwerking op glukemiese beheer van pasiënte met diabetes mellitus kan hê.

Uitwerking op die vermoë om te bestuur en die gebruik van masjienerie

ANDOLEX-C ORAL RINSE het geen of 'n weglaatbare invloed op die vermoë om te bestuur of om masjienerie te gebruik.

INTERAKSIES

Antioniese bestanddele in sommige tandepasta is onverenigbaar met chlorheksidien. Dit word aangeraai om ten minste 30 minute te laat verloop tussen tandeborsel en die gebruik van **ANDOLEX-C ORAL RINSE** om sododene nie die plaak-weerende effek van chlorheksidien te verminder nie.

SWAERSKAP EN LAKTASIE

Die veiligheid van **ANDOLEX-C ORAL RINSE** gedurende swangerskap en laktasie is nie vasgestel nie.

DOSSIS EN GEBRUIGSAANWYSINGS

Volwassenes

Gorrel: